

# Transitions

Rehabilitation

## Aquatic Therapy

*Innovative* technology from Hydroworx allows Transitions Rehabilitation to provide aquatic therapy in a dynamic, warm water pool. The first of its kind in Wisconsin, the pool features a height-adjustable floor that functions as an underwater treadmill. Patients, athletes



Jim Deignan, CEO

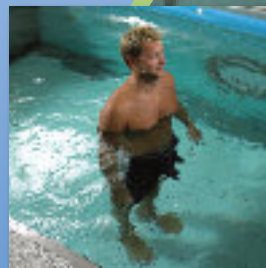
and community members of any age can now be assisted with their rehabilitation and wellness needs in a buoyant and barrier-free environment. We are excited to offer this unique service in our community!

### Transitions Aquatic Therapy is Ideal for:

- Sports acceleration training and injury rehabilitation
- Wellness and weight loss
- Neurological and neuromuscular rehabilitation
- Orthopedic rehabilitation following injuries or surgery
- Arthritis, fibromyalgia and chronic pain

*Experience the Power of Water*

### Wisconsin's First Underwater Treadmill with Height-Adjustable Floor



For more information, call 715-552-1036  
[www.transitionsrehabilitation.com](http://www.transitionsrehabilitation.com)  
3656 Mall Dr., Eau Claire, WI 54701

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## Aquatic Therapy



### Aquatic Therapy Benefits:

- Accelerate healing and recovery
- Reduction of pain and stress
- Increased mobility and flexibility
- Improved range of motion and strength
- Enhanced balance and coordination
- Improved cardiovascular stamina

### Features of the Pool

#### Height-Adjustable Floor and Variable Water Depth

The entire pool floor is fully height-adjustable for safe access without lifts, ladders or steps. Patients simply walk or are wheeled onto the floor and lowered into the warm water up to 6 feet. The entire entry and lowering process takes 30 seconds.

#### Variable Speed Treadmill

The entire 6 x 9 foot floor of the pool doubles as a variable speed treadmill. The controlled speed of the treadmill is adjustable from 0 to 8.5 miles per hour in 0.2 mile per hour increments. The surface has a cushioned low-impact design with excellent traction.

#### Treatment Area

The 6 x 9 foot water treatment area easily accommodates up to two people during therapy sessions.

#### Variable Water Temperature

Therapeutic temperatures between 88 and 94 degrees Fahrenheit are used for treating a wide spectrum of rehabilitation conditions. The pool has a state-of-the-art commercial filtration and water chemistry system that consistently heats, filters and purifies the aquatic therapy pool.

#### Computer Documentation

All functions of the pool can be computer monitored and recorded to validate patient recovery for reimbursement and diagnosis.

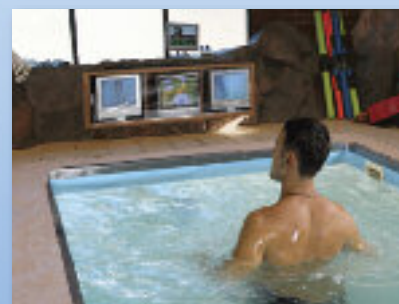
#### Resistance Therapy Jets

With nearly 200 different water speeds, the jets are beneficial for rehabilitation, sports performance training, swimming and deep tissue massage.

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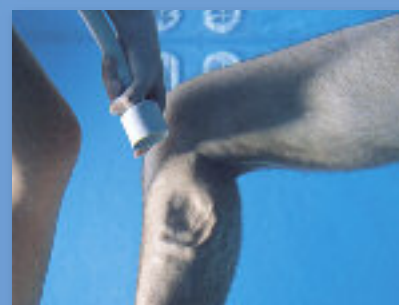
Aerobic Workouts



Underwater Monitoring



Resistance Swim Jets



Massage Hose